

Winters Senior Commission on Aging

City Council Update

2021-22 Goals & Objectives

21 September 2021

Winters Senior Commission on Aging – Current membership

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Valerie Whitworth	valeriewhitworth@gmail.com 590.795.2009 (H)	Vice Chairperson

GENERAL OBSERVATIONS

- 2020 – 2021 has been a year of transition and stabilization
 - New members
 - New officers
 - Renewed focus
- 31 August “reset” meeting
 - Team-building & team dynamics
 - Review charter, progress, & current status of projects
 - Begin goal-setting for 2021-2022
- Acute sense of responsibility: COVID-19 impact on Seniors has been significant!
- Strong team with a wealth of experience and excited to move forward!

OUR CHARTER

- 1. ADVISE ON GRANTS & PROPOSALS:** “Act as an advisory body to the City Council through the research, evaluation, and recommendations of *grants and program proposals* affecting the well-being of new or existing senior programs in the City of Winters;
- 2. DEFINE UNMET NEEDS:** “ ...work to *define the unmet needs* of Winters’ senior citizens and *identify ways to meet those needs*;
- 3. IMPROVED STANDARDS OF SERVICE:** “...*explore improved standards of services* to the aging and explore new services for the aging, through public and private resources;
- 4. SENIOR CENTER OPERATION:** “...act as advisory body to the City Council regarding the *design, programs, operation and maintenance of the proposed senior center*, when completed, and until a similar task force is formed specifically for the senior center;
- 5. CURRENT INVENTORY OF SERVICES:** “...identify and keep current the *inventory of various activities and services available* to seniors in Winters, both public and private;
- 6. DISSEMINATE INFORMATION:** “...*disseminate information* to seniors regarding the availability and uses of various activities and services;
- 7. MONITOR LEGISLATION:** “...discuss and recommend appropriate action on all *legislative and congressional bills* that would affect senior citizens;
- 8. COORDINATE PROGRAMS & RESOURCES:** “...and *recommend and coordinate senior citizen programs and resources*, including but not limited to transportation, health, and recreation.”

From Winters Resolution No. 2019-19, adopted April 2, 2019

OUR COMMITMENT TO ONE ANOTHER

1. **Speak with grace and respect.** We're all volunteers and want to make Winters a better place for Seniors. We commit to treating one another with grace, giving each other the benefit of the doubt, and assuming others have positive intent.
2. **Tackle issues, not people.** We commit to lay personalities aside and focus on the issues that our community face. We focus on solutions, not positions. We speak the truth, and may disagree, but always in a respectful way.
3. **Follow the agenda.** We follow the agenda, respect Rosenberg's Rules of Order, and avoid sand-bagging or rabbit trails.
4. **Act as a team.** We share the workload, pull together, and celebrate the contributions of our colleagues.
5. **Be inclusive.** We value the perspectives of every member of our community and the perspectives of all commissioners and provide opportunities for each member to fully contribute to the conversation.
6. **Be active listeners.** We seek to understand before being understood. We ask clarifying questions in a positive manner and hear what others are saying rather than simply thinking about what we want to say next.
7. **Good stewards of time.** We're all busy people and respect one another's time by being concise, focused on the issues at hand, and not needlessly extending meetings.
8. **Serve with excellence.** Our goal is to serve our community with excellence, carefully document our work, and bring joy and kindness to one another and our community.

2020-2021 ACCOMPLISHMENTS

- 1. ADVISE ON GRANTS & PROPOSALS:** “Act as an advisory body to the City Council through the research, evaluation, and recommendations of *grants and program proposals* affecting the well-being of new or existing senior programs in the City of Winters;
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1. Although the Commission did not directly address this item, Commissioner Whitworth worked on a multi-generational AARP Grant; the Commission also supported the CBDG Grant proposal for the Senior Center.

2. Survey to assess Senior Assisted Living needs was developed, but the topic was incorporated into the Housing Element survey.

3. Reviewed Yolo County recommendations regarding Emergency Prep and Evac of Older Adults & Persons w/ Access & Functional Needs. Coordinated with WPD to increase use of SNAP.

4. Two subcommittees established for Senior Center programs and equipment. [A separate FFE Committee was also established by the City for fund-raising. Although not a Commission activity, Commissioner Boyer is on FFE.]

5. Senior Resource Guide developed which identifies services available to seniors throughout the county.

6. Senior Resource Guide to be published in 2021 Q4 in both Spanish and English.

7. Commissioner Pearce monitored legislation throughout the year.

8. Researched and recommended Winters become certified as an AARP “Age Friendly Community.” Reviewed by City but postponed due to budget constraints. Advocated for improved safety at Grant & Morgan intersection.

2021-2022 OBJECTIVES

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1. The Commission will actively monitor grants and programs which may be appropriate to pursue and work with City staff to ensure alignment. Target completion date: On-going

2. The Commission proposes to develop an present an annual report to the City Council addressing this item. Target completion date: 7/31/22

3. The Commission will develop a framework and metrics for assessing standards of service going forward. Target completion date: 7/31/22

4. In addition to completing work on equipment procurement and program recommendations, the Commission will support staff in the development of an Operations Manual for the new center. Target completion date: 7/31/22

5. The Commission will continue to assess activities and services for inclusion in future publications of the Winters Senior Resource Guide. Target completion date: On-going

6. Publish the current edition of the Senior Resource Guide in both Spanish and English and implement an effective distribution strategy. [Future editions to be published every 2 years.] Target completion date: 11/30/21

7. The Commission will develop and submit a comprehensive Legislative Platform for the City of Winters which includes recommended positions on matters affective seniors. Target completion date: 11/30/21

8. The Commission will develop and submit at least three concrete recommendations for new programs and/or resources to the City Council for consideration. Target completion date: 7/31/22