



Winters Senior Commission on Aging Meeting

Teleconference Meeting

Wednesday, February 10, 2021 5:30 p.m.

To join this meeting via Zoom:

<https://us02web.zoom.us/j/88098197361?pwd=Ty8rciVVckxhZkpWclJ6V2M4ZzhrQT09>

Meeting ID: **880 9819 7361**

Passcode: **991915**

AGENDA

*Marianne Boyer
Wally Pearce*

*Michael Felsen
Cheryl Sandoval*

*Commission Members
Tina Lowden*

Debra Palmer

PLEASE NOTE – The numerical order of items on this agenda is for convenience of reference. Items may be taken out of order upon request of the Commission Members. Public comments time may be limited, and speakers will be asked to state their name.

Roll Call

Approval of Agenda

COUNCIL/STAFF COMMENTS

PUBLIC COMMENTS

At this time, any member of the public may address the Commission on matters, which are not listed on this agenda. Citizens should reserve their comments for matter listed on this agenda at the time the item is considered by the Commission. An exception is made for members of the public for whom it would create a hardship to stay until their item is heard. Those individuals may address the item after the public has spoken on issues that are not listed on the agenda. Presentations may be limited to accommodate all speakers within the time available. Public comments may also be continued to later in the meeting should the time allotted for public comment expire.

CONSENT CALENDAR

All matters listed under the consent calendar are considered routine and non-controversial, require no discussion, and are expected to have unanimous Council support and may be enacted by the City Council in one motion in the form listed below. There will be no separate discussion of these items. However, before the Commission votes on the motion to adopt, members of the Commission, staff, or the public may request that specific items be removed from the Consent Calendar for separate discussion and action. Items(s) removed will be discussed later in the meeting as time permits.

A. Approval of January 13, 2021 Minutes

DISCUSSION ITEMS

1. Liaison Report
Debra/Tina/ Marianne/ Wally
2. Senior Apartments
Lisa Baker
3. Senior Community Center
Lisa Baker
4. Furniture and Fundraiser Ad Hoc Committee (FFA Committee)
Marianne
5. Ad Hoc Committee to advise FFA Committee
Debra
6. Report from Police Department Re Vitals/ SNAP Program
7. Pedestrian Safety - letter writing campaign - response from Cal Trans - SACOG Grant Update
Kathleen T
8. Support from City Regarding Age Friendly Community Status/AARP Certification
Kathleen met with AARP/ YHAA
9. Senior Resource Guide - funding publication update and instructions
Debra/Tina/Marianne
10. Covid-19 Update Yolo County Web Site
11. Follow up on Housing Survey data regarding assisted living needs
Kathleen
12. Priorities for 2021: Unfinished business round table discussion regarding top priorities who will do what?
13. Decision to form Ad Hoc committee to make recommendations to the City of Winters for the Community Center
Katherine to provide list
14. Decision regarding Vitals/ Snap promotion to community

ADJOURNMENT

I declare under penalty of perjury that the foregoing agenda for the February 10, 2021 regular meeting of the Winters Senior Commission on Aging was posted on the City of Winters website at www.cityofwinters.org and Commission Members were notified via e-mail of its' availability. A copy of the foregoing agenda was also posted on the outside

public bulletin board at City Hall, 318 First Street on February 5, 2021, and made available to the public during normal business hours.

Ashley Bussart, City Clerk



Minutes of the Regular Meeting of the Winters Senior Commission on Aging Held via
Teleconference (Zoom)
January 13, 2021

Meeting called to order at 5:30 p.m.

Present: Commission Members Boyer, Felsen, Lowden, Palmer, Pearce, Sandoval
Absent: None
Staff: City Manager Kathleen Trepá, City Special Projects Manager Lisa Baker

Approval of Agenda:

There were no changes to the agenda. Motion by Commissioner Lowden, second by Commission Member Felsen to approve the agenda. Motion carried with the following roll call vote:

AYES: Commission Members Boyer, Felsen, Lowden, Palmer, Pearce, Sandoval
NOES: None
ABSENT: None
ABSTAIN: None

PUBLIC COMMENTS:

None

CONSENT CALENDAR

- A. Minutes of the Regular Meeting of the Winters Senior Commission on Aging Held on Wednesday, November 12, 2020

Motion by Commission Member Palmer, second by Commission member Boyer to approve the Consent Calendar. Motion carried with the following roll call vote:

AYES: Commission Members Boyer, Felsen, Lowden, Palmer, Pearce, Sandoval
NOES: None
ABSENT: None
ABSTAIN: None

DISCUSSION ITEMS:

1. Liaison Updates:

- a. City Senior Apartments/Senior Center:
- b. Discussed grant process, status of projects/construction, housing/rent subsidy, method of getting name on list for apartment consideration.
- c. County Commission on Aging: *Discussed AARP Age Friendly Community* considerations and policy. Discussed networking that is happening with Sheila Allen. Discussed possible requirements, and a process for our city, moving forward.
- d. Yolo Healthy Aging Alliance: Discussed advocacy for pedestrian safety in the City of Winters. Discussed advocacy and tasks completed to date, to facilitate attention to the problem (s) as well as potential resources.
- e. Discussed jurisdiction, City of Winters versus CalTrans.
- f. Area 4: Discussed efforts to work on legislation for 2021.
- g. Winters Senior Foundation: *Secret Santa Bag* distribution was a great success. Thank you to all who participated!
- h. Hispanic Advisory Committee: Discussed the update for the Spanish translation of the *Senior Resource Guide*. Thank you to all who contributed to the completion of the translation. You are appreciated
- i. Health Foundation: Continue to Network.
- j. Winters Elder Day Council: Event(s) for 2021, pending. We don't know what is going to happen with COVID-19 guidelines and restrictions.
- k. We recognize that Jeannie Vaughn turned 100! Happy Birthday Jeannie!
- l. Continue to network and generate action items, as indicated.

2. Senior Resource Guide Update, and Universal Policy Regarding Fund Raising for Commission Activities:

- a. Consider a policy for the frequency and method of updating the Senior Resource Guide. For example, update the guide every 2 years. Any city policy must go through the attorney. Refer to draft/proposal for consideration.
- b. Funding to get the Senior Resource Guide published and distributed. Bids obtained. Potential funding identified.
- c. May need to canvass the community to determine community needs and potential expenses down the road.
- d. Consider coordinating with other agencies, to see that our updated documents are noted on their websites.
- e. Follow purchasing/reimbursement protocol (s) through the City of Winters. Involves approval of funds, and process for reimbursement for projects, etc.
- f. Updated Spanish version of the guide is on our city website. Need to add the updated English version to the city website.

3. Community Needs for Assisted Living-Survey Update:

- a. Survey questions for our Winters community can be added to other surveys that may be distributed through our City and State.

- b. Commissioner Palmer suggested that we suspend our survey regarding our community needs, related to assisted living, until we hear back from the City of Winters and State. Motion to suspend made by Commissioner Pearce. Motion seconded by Commissioner Lowden. Motion carried with the following roll call vote:

AYES: Commission Members Boyer, Felsen, Lowden, Palmer, Pearce, Sandoval
NOES: None
ABSENT: None
ABSTAIN: None

Coordinate with City of Winters and State, as indicated.

4. Pedestrian Safety at Grant and Morgan - Update and Call to Action:
 - a. Refer to Agenda Item 1.
 - b. We recognize the article written by Commissioner Pearce in the Winters Express, to highlight the severity of the safety risks. Thank you, Wally!
 - c. Continue to advocate for safety measures, as indicated.
5. Brown Act Training:
 - a. Scheduled for January 15, 2021: Online Format.
 - b. Encourage all commissioners to participate either during the live presentation, or by watching the training video that will be recorded.
6. Suggestion to Investigate Senior Community Center Best Practices and Our Senior Community Desires for Use of New Center:
 - a. Member(s) of the Fundraising Committee, already networking
 - b. Look at how the Senior Commission can resource/assist with development of programs and types of services for the Senior Center. Outline thoughts and directions. Plan and coordinate with existing partners in Winters.
7. Invitation to Police Commissioner to share information with our Commission about Vitals/SNAP Program, Related to Emergencies:
 - a. Discussed inviting the Police Chief to discuss the difference between the 2 programs.

Motion made by Commissioner Lowden to invite Police Chief. Motion seconded by Commissioner Boyer. Motion carried with the following roll call vote:

AYES: Commission Members Boyer, Felsen, Lowden, Palmer, Pearce, Sandoval
NOES: None
ABSENT: None
ABSTAIN: None

8. Senior Survey from City. Review, Update and Make Recommendations for Continued Use:
 - a. Approve policy for a plan regarding future up-dates to the Senior Resource Guide: This must go through the City Attorney: Follow up as indicated.
 - b. Approve and submit to Winters City Council standard form letters for requesting donations to support the commission's work as well as thank you letters: Follow City Protocols, already in place. Any new policies must go through the City Attorney. Follow-up as indicated.
 - c. Letters to Leadership in County/State/CalTrans: Commissioners/ Citizens to generate letters, as indicated (safety issues, community needs, etc.)
 - d. Subcommittee to investigate best practices for use of senior community centers: Commissioner Boyer is working on this. Continue to discuss and follow-up on action items.
 - e. Commission Goal Setting for 2021 - SMART goals to be reported on, at end of year: Bring ideas for new goals, to our next meeting. Looking at measurable specific goals that can be tied to a timetable.

INFORMATION ONLY:

The next regular meeting of the Winters Senior Commission on Aging will be held via teleconference February 10, 2021.

ADJOURNMENT:

Motion that we adjourn made by Commissioner Pearce. Motion seconded by Commissioner Palmer. Motion carried with the following roll call vote:

AYES: Commission Members Boyer, Felsen, Lowden, Palmer, Pearce, Sandoval
NOES: None
ABSENT: None
ABSTAIN: None

Meeting ended at 6:30 p.m.

Cheryl Sandoval

Cheryl Sandoval, Secretary

DEPARTMENT OF TRANSPORTATION

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Making Conservation
a California Way of Life.

January 28, 2021

Dr Debra Palmer
Family Nurse Practitioner
783 Graf Way
Winters, CA 95694
<debramariepalmer@gmail.com>

Dear Dr Palmer,

This letter is in response to your email dated November 30, 2020, regarding concerns of pedestrians crossing State Route 128 (SR 128) in the City of Winters.

Safety of all users of the transportation system is a top priority to Caltrans. Based on the concern expressed in your email, Caltrans conducted a field review of the area on SR 128 between Walnut Lane and Morgan Street on December 10, 2020 to observe pedestrians crossing SR 128. Staff observed very light vehicular traffic, with one pedestrian crossing at the marked crosswalk on the east side of the roundabout, and a couple of pedestrians and a bicyclist crossing at the midblock location between the Dollar General Store and Lorenzo's Market.

As part of our investigation, Caltrans contacted the Health and Human Services Agency (HHSA). They informed us that as of December 7th, 2020, they would no longer distribute food for the Food Bank at this location because the demand had outgrown their current facility. With the discontinuation of food distribution at this location, staff anticipates reduced midblock pedestrian crossings.

Caltrans certainly realizes the current COVID-19 situation may be the reason for the lower number of pedestrians observed at this location. Caltrans will conduct a more in-depth investigation for this section of SR 128 after the State Coronavirus restrictions are lifted to ensure we capture a better representation of the pedestrian-vehicle activity and potential conflicts in this area. Caltrans will also coordinate with the City of Winters to determine an appropriate timeframe to conduct the in-depth analysis to ensure that activity from new development being constructed, or changes to existing developments, are considered.

Dr Palmer
January 28, 2021
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If you have any questions, please contact Sukhvinder "Sue" Takhar, Caltrans District 3 Deputy District Director for Planning, Local Assistance, and Sustainability at (916) 203-4574 or at sukhvinder.takhar@dot.ca.gov.

Sincerely,



for AMARJEET S. BENIPAL
District Director

cc: Sukhvinder (Sue) Takhar, Deputy District Director, Caltrans District 3
Tom Bartee <Tom.Bartee@sen.ca.gov>
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