



Winters Senior Commission on Aging Meeting

Teleconference Meeting

Wednesday, March 10, 2021 5:30 p.m.

To join this meeting via Zoom:

<https://us02web.zoom.us/j/88098197361?pwd=Ty8rcIVVckxhZkpWclJ6V2M4ZzhrQT09>

Meeting ID: 880 9819 7361

Passcode: 991915

**AGENDA**

*Commission Members*

*Marianne Boyer   Michael Felsen   Tina Lowden   Debra Palmer   Wally Pearce   Cheryl Sandoval*

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PLEASE NOTE – The numerical order of items on this agenda is for convenience of reference. Items may be taken out of order upon request of the Commission Members. Public comments time may be limited, and speakers will be asked to state their name.

Pledge of Allegiance

Roll Call

**PUBLIC COMMENTS**

At this time, any member of the public may address the Commission on matters, which are not listed on this agenda. Citizens should reserve their comments for matter listed on this agenda at the time the item is considered by the Commission. An exception is made for members of the public for whom it would create a hardship to stay until their item is heard. Those individuals may address the item after the public has spoken on issues that are not listed on the agenda. Presentations may be limited to accommodate all speakers within the time available. Public comments may also be continued to later in the meeting should the time allotted for public comment expire.

**CONSENT CALENDAR**

All matters listed under the consent calendar are considered routine and non-controversial, require no discussion, and are expected to have unanimous Commission support and may be enacted by the Senior Commission on Aging in one motion in the

form listed below. There will be no separate discussion of these items. However, before the Commission votes on the motion to adopt, members of the Commission, staff, or the public may request that specific items be removed from the Consent Calendar for separate discussion and action. Items(s) removed will be discussed later in the meeting as time permits.

A. Approval of February 10, 2021 Minutes

**DISCUSSION ITEMS**

1. Winters Housing Survey to Capture Senior Housing Needs  
(Trepá)
2. Sr. Resource Guide – committee progress report  
(Lowden)
3. Advisor committee to FFE fundraising  
(Lowden, Boyer, Whitworth)
4. Advisor Committee for Senior Center Programs  
(Felsen)
5. Progress on Senior Apartments  
(Baker/Trepá)
6. Progress on Senior Center  
(Baker/Trepá)
7. AARP opportunities  
(Vandyke)
8. Liaison Reports
  - a. Yolo Healthy Aging
  - b. Winters SR Foundation
  - c. Yolo C Commission
  - d. Area 4
  - e. Hispanic Advisory Committee
9. Promotion of SNAP and Vitals- decide on commission involvement
10. 2021 Priorities / Other

**INFORMATION**

Next Meeting April 14, 2021

**ADJOURNMENT**

I declare under penalty of perjury that the foregoing agenda for the March 10, 2021 regular meeting of the Winters Senior Commission on Aging was posted on the City of Winters website at [www.cityofwinters.org](http://www.cityofwinters.org) and Commission Members were notified via e-mail of its' availability. A copy of the foregoing agenda was also posted on the outside public bulletin board at City Hall, 318 First Street on March 5, 2021, and made available to the public during normal business hours.

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Ashley Bussart, City Clerk



Minutes of the Regular Meeting of the Winters Senior Commission on Aging Held via  
Teleconference (Zoom)  
February 10, 2021

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Meeting called to order at 5:33 p.m.

Present: Commission Members Boyer, Felsen, Lowden, Palmer, Pearce, Sandoval,  
Van Dyke and Whitworth.  
Absent: None  
Staff: City Manager Kathleen Trepá

STAFF COMMENTS:

Swearing in of new commissioners completed: Dawn Van Dyke and Valerie Whitworth  
(alternate).

PUBLIC COMMENTS: None

Approval of Agenda:

There were no changes to the agenda - note combine #6 and #14 during discussion.  
Motion by Commissioner Boyer, second by Commission Member Felsen to approve the  
agenda. Motion carried with the following roll call vote:

AYES: Commission Members Boyer, Felsen, Lowden, Palmer, Pearce, Sandoval,  
Van Dyke.  
NOES: None  
ABSENT: None  
ABSTAIN: None

CONSENT CALENDAR

Minutes of the Regular Meeting of the Winters Senior Commission on Aging Held on  
Wednesday, January 13, 2021.

Motion by Commission Member Lowden, second by Commission member Boyer to  
approve the Consent Calendar. Motion carried with the following roll call vote:

AYES: Commission Members Boyer, Felsen, Lowden, Palmer, Pearce, Sandoval, Van Dyke.

NOES: None

ABSENT: None

ABSTAIN: None

DISCUSSION ITEMS:

1. Liaison Reports:

- a. Yolo Healthy Aging Alliance-Working to support legislation related to senior issues/safety. Monitoring *Bills*. Noted recent letters to support our need for crosswalk. Discussed *Phone Friends Program* to keep seniors engaged with a point person.
- b. Yolo County Commission on Aging: Meeting with the Public Health Department. Refer to Website for updates re Covid-19.
- c. Senior Winters Foundation: Due to lack of quorum no monthly meeting. In the process of sending out annual mailers for donations.
- d. Area 4: Suspended Elder Day for 2021 secondary to restrictions related to Covid-19.
- e. Hispanic Advisory Council: Flyer delivered to laundromats in English and Spanish regarding where people can get food.

2. Senior Apartments: Construction is moving along. Added information to the city website, seniors page, where to call or email to get additional information. Refer to the website.

3. Senior Community Center: Waiting for grant agreement, to move forward. Working with the building official on clarifying how apartments and center dovetail in terms of the property boundary and some of the improvements.

4. Furniture, Fixtures and Equipment Fundraising Committee (FFE Fundraising Committee): Ready to go to print on business cards. Ready to format and design presentations to promote the fundraising effort. Goal \$750,000. Front load fundraising to cover costs for the first couple of years. Talked about possible concerns with blueprints for the Senior Center, some possible revisions needed? The more recent blueprints will be reviewed. Consider how any possible changes will impact engineering, electrical, etc. Some things may be able to be addressed with minimal changes/costs. Kathleen to look at final plans that were submitted and then further discussion will occur. Talked about the difference between FFE and Commission. They dovetail right now with work related to the senior center.

5. Ad Hoc Committee (s) to advise: Suggest that the Senior Commission appoint members for committee (s) to advise regarding FFE and programming for the Senior Center. Cannot have more than 3 commissioners working on a project outside of our monthly meetings. Small groups are needed to do the research. Synthesize the information and share.

*Decision to form Ad Hoc committee (s) to make recommendations, and report back by our next commission meeting:*

*First Ad Hoc Committee* - Advise regarding Furniture, Fixtures & Equipment Recommendations: Motion by Commission Member Palmer. Second by Commission member Lowden to form Ad Hoc Committee with members Lowden, Boyer and Whitworth for this purpose. Motion carried with the following roll call vote:

AYES: Commission Members Boyer, Felsen, Lowden, Palmer, Pearce, Sandoval, Van Dyke  
NOES: None  
ABSENT: None  
ABSTAIN: None

*Second Ad Hoc Committee* - Advise regarding Curriculum/Programming for Senior Center. Motion by Commission Member Palmer. Second by Commission member Lowden to form Ad Hoc Committee for this purpose to include members Sandoval, Palmer and Felson. Motion carried with the following roll call vote:

AYES: Commission Members Boyer, Felsen, Lowden, Palmer, Pearce, Sandoval, Van Dyke  
NOES: None  
ABSENT: None  
ABSTAIN: None

6. (And #14 Combined): Report from Police Department RE Vitals/SNAP Program and Decision regarding Vitals/Snap promotion to community: Debra met with city representative. City is going to continue both. Commission to potentially help with public relations and marketing during the upcoming year.

7. Pedestrian Safety-Letter Writing Campaign: Discussed letter sent to Caltrans by member Palmer, and response that indicates crosswalk of concern is not that busy. Also note that the city engineer is in communication with Caltrans. Caltrans now acknowledges that the study was completed during non-peak time. Additional survey to be completed during a peak time. City will help coordinate.

8. Support from City Regarding Age Friendly Community Status/AARP Certification: Program requires 2 years of planning and 3 years of implementation. Review every 5 years thereafter. Given current focus on Senior Center, include this in the work plan for our commission at a later date.

9. Senior Resource Guide: We do not need Policy and Procedures for fundraising. Everything goes through the city. The city will send out thank you notes, etc. When we identify donors, forward information regarding how to go through the city to donate for the Senior Resource Guide. Member Lowden to send cost estimates to Kathleen (approximately \$2500).

Motion by Commission Member Lowden. Second by Commission member Palmer to form a Committee for fundraising for the guide to include members Lowden, Boyer and Whitworth. Motion carried with the following roll call vote:

AYES: Commission Members Boyer, Felsen, Lowden, Palmer, Pearce,  
Sandoval, Van Dyke  
NOES: None  
ABSENT: None  
ABSTAIN: None

10. Covid-19 Update: See Kathleen's regular updates. Refer to the Yolo County Website. Discussed methods of signing up for the vaccine as well as accessing extra doses at certain sites.

Remainder of Discussion Items:

Motion by Commission Member Pearce. Second by Commission member Felsen to table the remainder of the agenda items, to be reviewed at our next meeting.

AYES: Commission Members Boyer, Felsen, Lowden, Palmer, Pearce,  
Sandoval, Van Dyke  
NOES: None  
ABSENT: None  
ABSTAIN: None

INFORMATION ONLY:

The next regular meeting of the Winters Senior Commission on Aging will be held via teleconference March 10, 2021.

ADJOURNMENT:

Motion that we adjourn made by Commissioner Palmer. Motion seconded by Commissioner Pearce. Motion carried with the following roll call vote:

AYES: Commission Members Boyer, Felsen, Lowden, Palmer, Pearce, Sandoval,  
Van Dyke  
NOES: None  
ABSENT: None

*Minutes of the Regular Meeting of the Winters  
Senior Commission on Aging held via Zoom on February 10, 2021*

ABSTAIN: None

Meeting ended at 6:46 p.m.

Cheryl Sandoval

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Cheryl Sandoval, Secretary