



Winters Senior Commission on Aging
Online Zoom Meeting
Wednesday, May 13, 2020 @ 5:30 p.m.

AGENDA

Roll Call
Approval of Agenda
Approval of February 12, 2020 AMENDED Minutes
Approval of April 8, 2020 Minutes

Public Comments

At this time, any member of the public may address the Winters Senior Commission on Aging on matters, which are not listed on this agenda. Citizens should reserve their comments for matters listed on this agenda at the time the item is considered by the Winters Senior Commission on Aging. Public comments may also be continued to later in the meeting should the time allotted for public comment expire. The Winters Senior Commission on Aging will not discuss or act on any information due to the guidelines of the Brown Act. Individual(s) addressing the Winters Senior Commission on Aging will be limited to three minutes per person.

Discussion Items

1. Vacancy Update – Introduce and Swear-In New Member Carl Treseder
2. Emergency and Disaster Preparedness – Review 1st Draft Recommendations
3. Liaison Reports – Collaboration Efforts
Yolo Healthy Aging Alliance, Yolo County Commission On Aging, AARP, Hispanic Advisory Committee, Winters Planning Commission, Area on Aging Area 4
4. Priority number three
5. Senior Resource Guide
6. Future Survey of Community Needs

Action Items

1. Complete Report to City with Recommendations Regarding Emergencies and Disaster Preparedness
2. Identify Future Priorities for Commission and Recommended Timeline
3. Submit Final Update of Winters Senior Resource Guide to Sheila Allen and Representative for Hispanic Advisory Committee for Translation into Spanish

Adjournment

I declare under penalty of perjury that the foregoing agenda for the May 13, 2020 meeting of the Winters Senior Commission on Aging was emailed/mailed to each member and posted on the outside public bulletin board at City Hall, 318 First Street on May 8, 2020 and made available to the public during normal business hours.

Tracy S. Jensen, City Clerk



**AMENDED MINUTES OF THE REGULAR MEETING OF THE WINTERS
SENIOR COMMISSION
ON AGING HELD ON FEBRUARY 12, 2020**

Date:	February 12, 2020
Time:	5:30 p.m.
Place:	City Hall, Downstairs Conference Room
Attending:	Commissioners: Marianne Boyer, Michael Felsen, Tina Lowden, Debra Palmer, Cheryl Sandoval, Art Standridge, Wally Pearce. Staff: City Clerk Tracy Jensen
Absent	None

Discussion Item #1: Prioritizing Recommendations from the Senior Program Project Report by Sheila Allen	
Discussion/Decisions:	Each member presented suggestions for the top 3 priorities.
Action:	Further review data at the next meeting.
Discussion Item #2: Reports from Senior/Community groups: Winters Senior Foundation (WSF), Yolo Healthy Aging Alliance (YHAA), Yolo County Commission on Aging & Adult Services (YCCAAS), Hispanic Advisory Committee (HAC), Agency on Aging Alliance Area 4 (AAA4), AARP	
Decisions:	Reviewed the purpose of these groups, how they are similar and how they are different.
Action:	Continue to network.
Discussion Item #3: Progress Reports for Disaster Preparedness/Emergency Response Subcommittee Recommendations	

Discussion/Decisions:	<p>Each member provided an update regarding agreed upon assignments.</p> <p><i>**Amended/Additional Information Presented by Tina Lowden, and approved by Commissioners on April 8, 2020.</i></p> <p>~Mike: Verbal presentation-conversation with Chief Brad Lopez;</p> <p>~Wally: Verbal report on transportation, not CERT;</p> <p>~Marianne: Written report and sample of SNAP (Special Needs Alert Program); ~Cheryl: Verbal report regarding Sr. Center and programs, and continuing information gathering regarding ORS training;</p> <p>~Art: Verbal report - after hours of research there are NO "Assisted Living" facilities in Winters;</p> <p>~Tina: Handouts regarding Power Generators (attached) email from Chief Brad Lopez, and additional generator information; and</p> <p>~Debra: Possible ER Kits for Sr. Housing, programs for seniors.</p>
Action:	In March, provide an update on assignments. In April, summarize findings for integration into a document for the public. Answer questions within this document.
Discussion Item #4: Commission Vacancy Update and Consideration	
Discussion/Decisions:	Vacancy posted.
Action:	Report back on applicants.
Discussion Item #5: Commission on Climate Change	
Discussion/Decisions:	Christopher Flores, 2019-2020 Civic Spark Fellow, City of Winters, reviewed the purpose of the <i>Commission on Climate Change</i> . He invited commissioners to provide support, input and feedback via a liaison member.
Action:	Contact Christopher for more information, as indicated, at cflores@civicspark.lgs.org
Action Item #1: Decide on Top 3 Priorities from City of Winters Senior Program Project Report by Sheila Allen, Including Next Steps and Timetable	
Discussion/Decisions:	First Priority: Update the resource guide to include collaborating agencies. Post the update in Spanish and English. Consider paper copies and on-line postings in multiple locations, to be determined.
	Second Priority: Collaboration with and between senior programs and agencies.
	Third Priority: Proposal pending.
Action:	Finalize priorities in March.

Next Meeting:	Wednesday, March 11, 2020
Adjournment:	6:55 p.m.
	Cheryl Sandoval, Secretary



**MINUTES OF THE REGULAR MEETING OF THE WINTERS SENIOR COMMISSION
ON AGING HELD ON APRIL 8, 2020 @ 5:30 P.M.**

Date:	April 8, 2020
Time:	5:30 p.m.
Place:	Online Format/Zoom
Attending:	<u>Commissioners:</u> Marianne Boyer, Michael Felsen, Tina Lowden, Debra Palmer, Cheryl Sandoval <u>Staff:</u> City Clerk, Tracy Jensen <u>Liaison - Winters Councilman:</u> Wade Cowan <u>Staff Liaison for the Yolo County Commission on Aging & Adult Services:</u> Sheila Allen.
Absent	Wally Pearce.

1. Discussion Item: Continue discussion, regarding commission priorities -Comments from Art regarding Commission Top 2 priorities	
Discussion/Decisions:	A. Art Standridge resigned from the commission. No additional information submitted by Art, to date.
	B. <i>Discussed First Priority: #1</i> Update the Resource Guide. Each commissioner was assigned components for completion. <i>Assignment adoption vote:</i> Marianne made a motion. Michael seconded the motion. Unanimous vote. <i>Assignment draft due date:</i> Discussed options. Motion for June 10, 2020, made by Tina. Michael seconded the motion. Unanimous vote.
Action Items:	A. Contact Art Standridge to determine if he has any recommendations/data he would like to share for projects he has been working on.

	<p>B. Resource guide assignments, updates to be completed by June 10, 2020 <u>Transportation</u> (Debra to speak with Wally regarding possibly taking the point for this area); <u>Food Resources</u>: Tina; <u>Mental Health & Crisis Support</u>: Debra; <u>Housing</u>: Tina; <u>Caregiver/Caregiver Support</u>: Debra; <u>Education & Recreation</u>: Marianne; <u>Connection to Services & Care Management</u>: Debra. <u>Health and Medical</u>: Michael; <u>Assisted Living</u>: Cheryl; <u>Support Groups</u>: Cheryl.</p>
	<p>B. <u>Translation of guide into Spanish</u>: Tina to network with Hispanic Advisory Committee.</p>
<p>2. Discussion Item: Continue discussion, regarding commission priorities - Third priority-consensus, set a time line and determine measurable outcomes</p>	
Discussion/Decisions:	Third priority on hold.
Action Items:	Review considerations for third priority in May. Identify third priority in June.
<p>3. Discussion Item: Emergency & Disaster preparedness: Wally, share his progress on assignment followed by answer to question: Will you be able to submit a written summary regarding findings and suggestions following your assignment completion? If not, how can we as a group help? Suggestions or comments from group and/or staff.</p>	
Discussion:	A. Wally: Absent. No additional data from Wally.
	B. Discussion - Status of commissioner assignments.
Action Items:	A. Contact Wally for input.
	B. Submit drafts to Debra by 4/22/20.

	<p>SNAP: Marianne CERT: Wally Interview City Official: Mike ORS Training: Cheryl Assisted Living Plans: TBD, as Art has resigned Generators: Tina Emergency Kits: Debra</p>
<p>4. Discussion Item: Liaison Reports from representatives of the following groups regarding joint Census project and/or other information relevant to commission work: Winters Senior Foundation; Yolo Healthy Aging Alliance; Yolo County Commission on Aging and Adult Services; Agency on Aging Area 4; Hispanic Advisory Committee; AARP Livable Communities; Other.</p>	
<p>Discussion</p>	<p>Sheila Allen- Discussed: Yolo County Aging Alliance, mission, committees, and strategic plan.</p> <p>Additional discussion from liaison reports included: Distribution of face masks-COVID-19; Yolo County Dashboard for COVID-19; Elder Day; Tracking of legislation related to needs of seniors; Rescheduling job training program for seniors; Methods of facilitating data for Census; Considerations related to AARP-Livable Communities guidelines.</p>
<p>Action Items:</p>	<p>Continue to network.</p>
<p>5. Discussion Item #5: Vacancy update</p>	
<p>Discussion:</p>	<p>Two vacancies.</p>
<p>Action Items:</p>	<p>Report back on applicants.</p>
<p>6. Update on Senior Apartments and Senior Center Grant Application</p>	
<p>Discussion:</p>	<p>Update requested.</p>

Action Items:	Council Member Wade Cowan will follow up regarding the Senior Center and identify a new contact/liaison with the Planning Commission.
ACTION ITEMS LISTED FROM AGENDA	
Action Item 1: Senior Guide	Addressed in Discussion #1. Pending at this time: A) Funding options for distribution. B) Consider adding an online survey to identify potential community needs not represented in the Senior Resource Guide
Action Item 2: Networking	Addressed in Discussion #4
Action Item 3: Determine Commission Priority #3	Addressed in Discussion #2.

Next Meeting:	May 13, 2020 at 5:30 p.m.
Adjournment:	7:15 p.m.

By:	
	Cheryl Sandoval, Secretary

Summary of discussion regarding top three priorities for Commission work this year Feb 2020 meeting

Name	Priority 1	Priority 2	Priority 3	Reference # from Sheila Allen Report	Reference from AARP Winters Livability report/YOLO survey	
Mike	Updated Senior Survey larger sample	Senior programs and activity goals	Transportation /safety	#1, #2 together ,4&5 together	Yolo survey transportation ranked #2	
Wally	Transportation	Making Winters AARP Livable community		#4, 6	AARP report Yolo survey #2 priority	
Mariann	AARP Livable Community	Collaboration/networking organization to accomplish building senior center (#2)and programs	Support senior center completion and program development	#6, 3,2	AARP report	
Cheryl	Update and ongoing community survey to collect data for assessing future needs	Support completion of senior center and program development		#1, #2		
Tina	Update and distribute senior resource guide English/Spanish digital/ print	Collaboration/network with key stakeholders in completion of senior center	Transportation	#2 and 3 #4	Yolo survey 2 nd highest priority transportation	
Debra	Livable winters	senior center/programs	Update senior survey 2021	#6,#2,1	AARP report	
ART	TBD	TBD	TBD			
#1	#2	#3	#4	#5	#6	other
3	5	3	3	1	3	Resource guide/network

Date: April 22, 2020
To: Debra Palmer
From: Cheryl Sandoval
RE: Alzheimer's Disease/Dementia Training-Assignment, Summary of Information

1) Information gathered to date indicates that police officers participate in crisis intervention training, which includes training on how best to interact/assist individuals with Alzheimer's Disease/Dementia. This training is required, and covers a variety of mental health issues. It is provided through the California Commission on Police Standards and Training.

2) Information gathered to date indicates that Fire/EMS staff are generally trained to administer altered level of consciousness/mental health status protocols. Based on an individual's response to these protocols, which help to determine potential underlying medical/health conditions that may be impacting cognition/communication in-the-moment, Fire/EMS staff may reach out to police officers for assistance, if needed, to address/interact with citizens requiring a different/specialized intervention.

3) The *Alzheimer's Association* provides specific recommendations regarding communication protocols related to Alzheimer's/other Dementias, that may be useful when developing training programs for staff/volunteers. *Some examples:*

Early Stage: pacing of information and response time;

Middle Stage: Speak slowly and clearly, maintain eye contact; pace timing of responses and reassurance, ask one question at a time, provide step by step instructions, and use visual cues;

Late Stage: Approach the person from the front, encourage nonverbal communication if you don't understand what the person is trying to say, consider the feelings behind words or sounds (sometimes the emotions being expressed are more important than what is being said).

4) The Alzheimer's Association provides specific recommendations regarding behavior management, that may be useful when developing training programs for staff/volunteers. *Some examples:*

- * Limit distractions;
- * Follow communication guidelines related to cognitive/behavioral status in-the-moment;
- * Consider/incorporate methods of ruling out pain as a causative factor to behavior escalation;
- * Consider/incorporate methods of redirection/support to de-escalate/calm an individual.

5) Related topic, Assembly members Cecilia Aguiar-Curry (D-Winters) and Monique Limón (D- Santa Barbara) included the following in their legislative package, in process at this time:

AB 2047, authored by Assembly member Aguiar-Curry, directs the Consortium of California Alzheimer's Disease Centers to widely disseminate and implement the "Assessment of Cognitive Complaints Toolkit" to healthcare providers. The Consortium has already completed the work to develop this provider toolkit, using state budget funding from 2016. However, this toolkit resource has not been made widely available beyond the expert urban academic medical centers that collaborated to develop it. . .

AB 2048, authored by Assembly member Monique Limón creates an informational tool to assist individuals who are experiencing cognitive impairment, and their caregivers, in communicating with health care providers before and after receiving a diagnosis of Alzheimer's disease.



Special Needs Alert Program (SNAP)

New Alert Updated Alert

Registrant Information

First Name: _____ Last Name: _____ MI: _____

Physical Address _____ City _____ State _____ Zip Code _____

Home Phone: () _____ Cell Phone: () _____

Primary Language Spoken: _____ Gender: ___ Male ___ Female

Date of Birth: (mm/dd/yyyy): _____ Name of School or Work: _____

*E-mail: _____ (*used for annual update alert reminders, etc.)

Emergency Contact Information

First Name: _____ Last Name: _____ MI: _____

Physical Address _____ City _____ State _____ Zip Code _____

Home Phone: () _____ Cell Phone: () _____

Work Phone: () _____ Relationship: _____

Special Needs (Please check all that apply)

- | | | |
|--|---|---|
| <input type="checkbox"/> Visually Impaired | <input type="checkbox"/> Seizure Disorder | <input type="checkbox"/> Cognitively / Developmentally delayed |
| <input type="checkbox"/> Legally Blind | <input type="checkbox"/> Speech Impaired | <input type="checkbox"/> Mood Disorder/ Mental Illness |
| <input type="checkbox"/> Hearing Impaired | <input type="checkbox"/> Prosthesis | <input type="checkbox"/> Paralysis (full or part) |
| <input type="checkbox"/> Deaf | <input type="checkbox"/> Cerebral Palsy | <input type="checkbox"/> Parkinson's |
| <input type="checkbox"/> Immobile | <input type="checkbox"/> Down's Syndrome | <input type="checkbox"/> Alzheimer's / Dementia |
| <input type="checkbox"/> Non-verbal | <input type="checkbox"/> Muscular Dystrophy | <input type="checkbox"/> Autism Spectrum Disorder/Asperger Syndrome |
| <input type="checkbox"/> Other: _____ | | |

Special Considerations (Please check all that apply)

- | | | |
|---|---|---|
| <input type="checkbox"/> Responds to verbal commands | <input type="checkbox"/> Responds well to touch | <input type="checkbox"/> Has high pain tolerance |
| <input type="checkbox"/> Communication/ Speech Delay | <input type="checkbox"/> Light/ Siren Sensitivity | <input type="checkbox"/> Wheelchair/ Walker/ Cane |
| <input type="checkbox"/> Communicates with PECS | <input type="checkbox"/> Sound Sensitivity | <input type="checkbox"/> Tendency to Wander |
| <input type="checkbox"/> Communicates with Sign Language | <input type="checkbox"/> Uses Hearing Aids | <input type="checkbox"/> Fascination with water |
| <input type="checkbox"/> Scared of fast movements/ crowds | <input type="checkbox"/> Color Sensitivity | <input type="checkbox"/> Tendency to hide |
| <input type="checkbox"/> Other: _____ | | |

Additional Comments: _____

The Special Needs Alert Program (SNAP) is designed to ensure the safety of those residents of the City of Winters that are most vulnerable to emergencies and disasters, the elderly and infirmed and those with various disabilities and special needs. The information you provide about health and medical conditions may be shared with Police, Fire and other emergency responders to assist them in responding to an emergency or disaster. You may revoke your consent to sharing information at any time by written request to: The City of Winters Police Department, 702 Main St., Winters, CA 95694 (ATTN: SNAP). Providing this information does not insure that emergency responders will be able to provide services to you in an emergency but will assist them in responding appropriately based on available resources. **I give local law enforcement and/or medical personnel permission to enter my home in case of an emergency. By submitting this information, I consent to sharing information on this form. I certify that the information provided on this form is true and correct. It is my responsibility to update the information on this form as needed.**

Name of Individual/Primary Care Giver/Responsible Party completing form: _____

Signature: _____ Date: _____ Relationship: _____

Presented to: Winters Senior Commission on Aging

2/8/2020

By: Tina Lowden, Commissioner

GENERATORS Are You Prepared?

Per the "Vacaville Magazine January/February '20" p. 64

#8: If you want to purchase your own generator, check out www.prepareforpowerdown.com to help you decide whether or not you should – and if so, which type is right for you. These will also require their own fuel.

ADA Emergency Power Planning Checklist For Generators

Generator Users:

1. Make sure use of a generator is appropriate and realistic.
2. A 2,000 to 2,500-watt gas-powered portable can power a refrigerator and several lamps. (A refrigerator needs to run only 15 minutes an hour to stay cool if you keep the door closed. So, you could unplug it to operate other devices.)
3. Operate generators in open areas to ensure good air circulation.
4. Safely store fuel.
 - The challenge when you live in an apartment is knowing how to safely store enough gasoline.
 - Store a siphon kit.
5. Test generators from time to time to make sure it will work when needed.
 - Some generators can connect to the existing home wiring systems; always contact your utility company regarding critical restrictions and safety issues.

Fast Facts for First Responders



The truth about common Alzheimer's myths and tips for how to interact with a person who has the disease

ALZHEIMER'S DISEASE MYTHS VS. FACTS



MYTH: Alzheimer's disease is just memory loss.

FACT: Alzheimer's is the sixth leading cause of death in the United States. Approximately 500,000 people die each year from this fatal disease that results in the loss of brain cells and function.



More than 5 million Americans have Alzheimer's disease.

MYTH: All people with Alzheimer's are elderly.

FACT: Approximately 200,000 Americans younger than age 65 are living with younger-onset Alzheimer's disease.

MYTH: All people with Alzheimer's disease live in nursing homes.

FACT: The majority of people with dementia, about 70 percent of the more than 5 million Americans with the disease, live at home. As the population ages, many more people with Alzheimer's will rely on community support to keep them safe at home and in the community.



About 70% of people with dementia live at home.

MYTH: Memory loss is a normal part of aging.

FACT: While memory often changes as people get older, memory loss that disrupts daily life is not a typical part of aging. It may be a symptom of dementia. Visit alz.org/10signs to learn more about the 10 warning signs of Alzheimer's disease.



Dementia causes confusion, leading a person to act in ways that can put him or herself or others in danger.

TIPS FOR SUCCESSFUL INTERACTION WITH A PERSON WITH DEMENTIA



Limit physical contact.

- When you must touch the person, use care.
- Inform the person how you will make contact and why.

Don't leave the person home alone.

- When a care partner for a person with Alzheimer's disease is removed from the home — whether taken into custody or transported for medical care — steps should be taken to ensure the person with dementia is not left alone.
- Look for a **MedicAlert + Alzheimer's Association Safe Return** bracelet or another method for getting in touch with alternative contacts.

DETERMINE THE NEED FOR MEDICAL CARE



- The person with dementia may have medical needs that require further evaluation. Some may not be apparent upon an initial examination.

RESOURCES

These facts are a part of the Alzheimer's Association "Approaching Alzheimer's: First Responder Training" online education program. Learn more at alz.org/firstresponders.

Resources for you and your community members:

Alzheimer's Association

- 24/7 Helpline: **800.272.3900**
- Website: alz.org
- Safety Center: alz.org/safety

MedicAlert® + Alzheimer's Association Safe Return® Program

- 24-hour Emergency Response Line: **800.625.3780**

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Winters Senior Commission on Aging

Response to the Yolo County Commission on Aging and Adult Services - Emergency and Disaster Preparedness Sub-Committee Recommendations

I. SNAP Program

In January, 2020 there were 26 SNAP documents logged in the First Responders' log. This is a very small number consider the senior population is approximately 50% of the city of Winters. The Commission recommends exploring ways to increase availability of the application forms and information regarding the purpose of the SNAP to the general public. Additional considerations are to explore the cross referencing of the Winters SNAP list with any other similar list with the Office of Emergency Response at the county and or state level.

The City of Winters Public Safety Special Needs Alert Program (SNAP) Website states:

<http://www.winterspolice.org/snap/>

The City of Winters Special Needs Alert Program (SNAP) assists First Responders (Police and Fire) to be more responsive during emergencies to residents of the City of Winters with special needs. Maintained by the City of Winters Police Department, the registry can help first responders identify those who cannot identify themselves due to a disability or special need, such as Alzheimer's or dementia, autism or a speech disorder.

Families or agencies can voluntarily provide information about their relatives/clients with special needs so that Law Enforcement and Fire personnel will:

- Have a photograph, description and contact information for people with special needs in our community who may need special assistance in an emergency.
- Be better equipped to help people with special needs who may become lost, injured or who may wander away from home.
- Be aware of special medical, safety and behavioral concerns of individuals with special needs.
- Be aware of accommodations that may be needed in interacting with the person.

How to Register?

Simply complete the **SNAP Form** for yourself, a loved one, or client. Make sure to sign and date the form. Drop the form off or mail the form to:

Winters Police Department

ATTN: Special Needs Alert Program (SNAP)

702 Main Street

Winters, California 95694

How do I include a photograph with the alert form?

There are two options for including a photograph with your alert form:

1. Attach a 4x6 printed photograph to your alert form and turn in
2. Email a .jpeg photograph to SNAP@cityofwinters.org

Please make sure the photograph is only of the registering person (portraits are best). The photograph needs to be of clear quality, recent and preferably in color. Photographs will not be returned to the registrant, so make sure you have an original copy for yourself.

What happens next?

After your Special Needs Alert Program form has been received, it will be processed and entered into the Police and Fire systems. It is up to the Individual/ Primary Caregiver/ or Responsible Party completing the form to keep the information updated and accurate with the City of Winters Public Safety.

How do I update the alert information?

Alert form information can be updated at any time by completing a Special Needs Alert Program form and checking the "Updated Alert" box at the top of the form. The form can then be dropped off or mailed to the Police Department.

Is there a cost associated with this service?

No. Completing the form and registering with the Special Needs Alert Program (SNAP) is free of charge.

Have Questions or Need Assistance?

If you have questions or need help completing the Special Needs Alert Program form, please contact the Winters Police Department at (530) 794-6723 or by emailing questions to: SNAP@cityofwinters.org.

II. CERTs:

The City of Winters does not have a Community Emergency Response Team (CERT) team. However, the cities of West Sacramento, Davis and Vacaville all have a CERT and offer training for interested volunteers. City leaders in nearby communities are eligible to attend the training to lead a team. The Sacramento Fire chief reported a planned CERT training scheduled in June 2020. Participants in the training must be a public safety official in the community and able to attend approximately 20 hours of training. Once training is completed the public safety official is eligible to recruit and train a team. Volunteers interested in being on a CERT should be recruited prior to training an official to lead the team. Certification as a CERT leader requires ongoing training and renewal of the certification. A recent example of CERT volunteers being utilized in an emergency is the drive through Covid-19 testing at the Sacramento fair grounds. City manager John Donlevy reported "CERT Teams are important resources and typically are successful in areas with a larger population and a volunteer base than Winters has. We have held citizen academies in the past with limited turnouts. We have also held overviews for City Council, Planning Commission and the various committees to review our emergency operations plans".

Fire Chief Lopez stated "City of Winters Staff and Public Safety personnel are trained annually in emergency operations and disaster preparedness. The city operates an Emergency Operations Center (EOC) from the Public Safety Facility during emergency events and for training. All personnel receive both SEMS and NIMS training based on their position and role in emergencies."

West Sacramento CERT Program

<https://www.cityofwestsacramento.org/government/departments/fire/community-risk-reduction/community-outreach/cert-program>

City of Davis CERT Program

<https://davisacert.samariteam.com/>

City of Vacaville CERT Program

<https://vcert@cityofvacaville.com>

Training a city official to lead a volunteer CERT team is expensive and time consuming. Additionally, the recruitment of volunteers for CERT programs is an arduous task. Perhaps the city of Winters Fire department could collaborate with a nearby community fire department in the formation of a joint CERT team, recruiting volunteers from both Winters and partnering community.

“The Community Emergency Response Team (CERT) program educates volunteers about disaster preparedness for the hazards that may impact their area and trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations. CERT offers a consistent, nationwide approach to volunteer training and organization that professional responders can rely on during disaster situations, which allows them to focus on more complex tasks. Through CERT, the capabilities to prepare for, respond to and recover from disasters is built and enhanced.” ready.gov/cert

III. Questions asked by Commissioner Michael Felsen of local fire, police, gov’t officials:

1. How often do city employees receive disaster preparedness training?

Employees receive annual training for our Emergency Operations Center each SEMS and NIMS training based on their position and role in our emergency operation. They take refresher courses as needed.

2. How many employees within the city are currently (or have recently) trained in emergency management procedures (Standardized Emergency Management System (SEMS)/Incident Command System (ICS))?

There are 38 employees and 30 of them are certified in the basic courses for both SEMS and NIMS. Based on their position in our organization, they receive additional training.

3. When was the city’s last Emergency Operations Center (EOC) drill?

The Emergency Operations Center has been activated annually for the last seven years and each episode counted as “drills”. The last activation was during the PG and E Power outage November 2019. Additionally, the city has participated with Yolo OES on other exercises as they are available.

4. How does the city design/decide on drill scenarios and tabletop practices?

Approximately every 3 years, training emergency procedures training with Solano Irrigation, FEMA and the Bureau of Reclamation on a mandatory dam

drill occurs. Other scenarios are done about every two years and topics are randomly selected. Past drills have included earthquake, Haz Mat, Flood, Sewer Spill and Fire.

5. What are the functions of each department, especially fire and police?

The City Manager's Department - provides management and administrative functions for the fire and police department

The Planning Department -provides planning services and Building Logistics. The Fire Chief must sign off on fire safety of all new buildings.

The City's Finance Operations -includes oversight of Police, Fire and Public Works

6. How is the city able to continue functioning during an emergency?

We operate from the EOC which is located at the Public Safety Facility which has backup power and can work independently of the entire City. Our setup works through an "office in a box" which would allow us to move from the EOC to an outdoor or additional location if necessary.

7. What is the procedure for coordinating with other agencies during an emergency?

The City, County and three 3 cities are a part of the Yolo OES Joint Emergency Management Services (JEMS) which coordinates all emergency services within the County. We coordinate on all training, multi-hazard plan development and operations.

8. Have there been any emergencies in the city, and what lessons were learned?

Five consecutive years of wildfires provided lessons learned regarding emergency response. Coordination efforts between Winters, Yolo County, State OES, CalFire and the Incident Management Teams contributed to refinement of coordination of emergency response processes on an annual basis. The biggest lesson was its not possible to be prepared for everything, and with each event there is something to be learned for refining emergency responses processes.

9. How does your city disseminate information during an emergency?

The public information platform is through a Joint Information Center (one person talking for the entire group) which is pushed mostly through Winter's social media which includes Facebook, twitter and Instagram.

10. Does the city have emergency preparedness information on its website that is easily accessible and navigable, and includes current emergency situation updates?

Yes, the City has a Health and Safety section of the website which has all of our emergency planning documents. Here is the location for the plans.
<http://www.cityofwinters.org/health-and-safety/>

11. What existing city outreach and communications can be utilized to educate the public about any and all programs related to supporting emergency preparedness efforts, e.g. city utility bills?

The monthly newsletter has provided information and articles in the past. We have highlighted information on our social media in the past.

12. Does your community know about 211 Yolo? [https:// www.211yolocounty.com](https://www.211yolocounty.com)

Yes, we have a representative on the 211 Board.

13. If there is an evacuation order, what services are available for those with access and functional needs.

This would be achieved on a case by case basis. During PSPS and wildfire, we have worked to educate that people with special needs should be prepared. We provide advance warning through multiple sources including Yolo Alert, social media, etc. People with special needs who need references to resources can contact the City BEFORE the incident for referrals. The City does not have a special plan to evacuate persons with special needs.

14. Where can people with emergency power needs go, in particular those with special medical needs and how will your city communicate such information to this population?

During the PSPS events, we have located community resource centers through PG&E in the City which we notify through our social media or phone inquiries.

15. Can the city use Community Development Block Grant (CDBG) funds or local funds for the purchase of power generators?

The City has generators for our facilities, but not public distribution. Not sure if CDBG funds are eligible for this use. Winters is NOT a disadvantaged community, so it might be tough!

Summary: The above responses answers the questions posed in January 2020 meeting and should be available to the public. The COVID-19 emergency highlights the need to ensure our Seniors are aware of these resources and/or limitation of said resources.

IV. OES Train the Trainer Program

1. Information gathered to date indicates that police officers participate in crisis intervention training, which includes training on how best to interact/assist individuals with Alzheimer's Disease/Dementia. This training is required, and covers a variety of mental health issues. It is provided through the California Commission on Police Standards and Training.
2. Information gathered to date indicates that Fire/EMS staff are generally trained to administer altered level of consciousness/mental health status protocols. An individual's response to these protocols helps to determine potential underlying medical/health conditions that may be impacting cognition/communication in-the-moment.
3. The *Alzheimer's Association* provides a free training for first responders @ <https://alz.org/professionals/first-responders>.
4. The *Alzheimer's Association* offers the attached information: Quick Tips for First Responders, and Fast Facts for First Responders.

V. Assisted Living Facilities and other licensed residential care facilities:

1. What assisted living facilities and/or other licensed residential care facilities are located within the city? *There is no assisted living, skilled nursing or long-term care facility in Winters. The nearest ones are in Winters and Davis. The Commission has discussed the potential benefit of surveying the community of Winters for anticipated senior housing needs, including assisted living, skilled nursing, long term care and or senior adult living communities. This information would be useful in updating the general plan to include areas and or neighborhoods that could incorporate anticipated future senior housing needs.*

VI. Power Generators: Responses by Commissioner Tina Lowden

1. When there are planned or unplanned power outages and other emergencies, what services are provided by the city to those who are homebound with special medical and/or access and functional needs? If there are no such services, what is the plan for creating such services?

During the PSPS events, we have located community resource centers through PG&E in the City which we notify through our social media or phone inquiries.

2. Does the city have emergency generators for those who are low income with access and functional needs? The City generators are specifically for our facilities (WELL # & Public Safety Bldg.) but not public distribution. Not sure if CDBG funds are eligible for purchase of generators for emergency use of city residents. Winters is NOT a disadvantaged community, so it might be difficult to obtain CDBG funds. However, this needs to be confirmed. See attachment from Vacaville newsletter regarding the purchase of generators for personal use.
3. If not, what services are available to them, e.g. can they go to the nearest hospital or fire station for power requirements? Currently there are no generators owned by the city and available for emergency use by individual use for residents, therefore it is recommended that individual residents plan accordingly for their personal needs in the event of an emergency utilizing family, neighbors and friends to assist as necessary.

Applying for funding to purchase generators for community use in the Community Center building or other public facility or the future senior community center is a worthy consideration for the city, this commission and or local nonprofit organizations. Another consideration is for the city to include back up generators in the senior apartment building plans currently under construction on Baker Street, and the planned senior community center which has not yet been funded or built.