Senior Programs and Services Survey

The City of Winters is planning current and future programs and services for older adults. Please complete and return to City Hall or to Sheila Allen at Sheila.allen@yolocounty.org or 530-757-5583.

1. Do you live in Winters or the surrounding area?  Yes  No
2. Are you of Latino or Hispanic background?  Yes  No
3. Are you over the age of 50 years?  Yes  No
4. Are you currently the caregiver of someone over the age of 50?  Yes  No

5. What services are needed for older adults in Winters? Choose your top 5 priorities.
   - Local transportation (to store, bank, etc.)
   - Regional transportation (hospital in Davis, Social Security in West Sac)
   - Food distribution
   - Translation services
   - In home care and personal assistance
   - Respite/relief for caregivers
   - Home visits for isolated seniors
   - Legal assistance
   - Help with financial planning and budgets
   - Help with connection to services
   - Help finding affordable housing

6. What programs are needed for older adults in Winters? Choose your top 5 priorities.
   - Exercise classes
   - Bike Clubs
   - Walking Club
   - Movie nights
   - Card and Game activities
   - Craft groups
   - Woodworking
   - English lessons
   - Spanish lessons
   - Computer and Smart phone use
   - Genealogy
   - Writing life stories
   - Travel group
   - Caregiver support group
   - Bingo
   - Singing or music groups
   - Lunch meals at center
   - Gardening classes
   - Volunteer at schools
   - Cooking and baking classes
7. What services would you or a family member use in the next 5-10 years? Select ALL that you or a family member would like use.

- Local transportation (to store, bank, etc.)
- Regional transportation (hospital in Davis, Social Security in West Sac)
- Food distribution
- Translation services
- In home care and personal assistance
- Respite/relief for caregivers
- Home visits for isolated seniors
- Legal assistance
- Help with financial planning and budgets
- Home modification such as ramps and grab bars
- Help knowing what services are available
- Help with connection to services
- Help finding affordable housing
- ____________________________________
- ____________________________________

8. What programs would you or a family member likely use in the next 5-10 years? Select ALL that you or a family member would likely participate in.

- Exercise classes
- Bike Clubs
- Walking Club
- Movie nights
- Card and Game activities
- Craft groups
- Woodworking
- English lessons
- Spanish lessons
- Computer and Smart phone use
- Genealogy
- Writing life stories
- Travel group
- Caregiver support group
- Bingo
- Singing or music groups
- Lunch meals at center
- Gardening classes
- Volunteer at schools
- Cooking and baking classes

Other suggested activities or programs: ____________________________________
____________________________________
____________________________________

**********PLEASE TURN OVER**********